

Who Is Our God?

Lessons from the book of Exodus

Week #14: The Ten Commandments

Exodus 20:1-2

And God spoke all these words: ²“I am the LORD your God, who brought you out of Egypt, out of the land of slavery.

Exodus 20:3

You shall have no other gods before me.

Exodus 20:4-6

You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. ⁵You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, ⁶but showing love to a thousand generations of those who love me and keep my commandments.

Exodus 20:7

You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.

Exodus 20:8-11

Remember the Sabbath day by keeping it holy. ⁹Six days you shall labor and do all your work, ¹⁰but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. ¹¹For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

Exodus 20:12

Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

Exodus 20:13

You shall not murder.

Exodus 20:14

You shall not commit adultery.

Exodus 20:15

You shall not steal.

Exodus 20:16

You shall not give false testimony against your neighbor.

Exodus 20:17

You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor.

Exodus 20:18-21

When the people saw the thunder and lightning and heard the trumpet and saw the mountain in smoke, they trembled with fear. They stayed at a distance ¹⁹ and said to Moses, "Speak to us yourself and we will listen. But do not have God speak to us or we will die." ²⁰ Moses said to the people, "Do not be afraid. God has come to test you, so that the fear of God will be with you to keep you from sinning." ²¹ The people remained at a distance, while Moses approached the thick darkness where God was